

**THE HILINSKI CLINIC  
OF FACIAL PLASTIC SURGERY**

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**SKIN CARE GUIDELINES FOLLOWING MINOR SURGERY**

**General**

Keep the area dry for at least 72 hours following the procedure. If a dressing was placed, you may remove it in 72 hours. If it loosens before that time, try and reinforce the dressing with similar tape.

**Medication / Prescriptions**

Once the dressing has been removed, begin applying topical antibiotic ointment along the suture line twice per day. There are a number of over-the-counter topical antibiotics such as Bacitracin, Neomycin, and Triple-Antibiotic Ointment. It is very important that you avoid scabbing along the incision/suture line.

Begin using Tylenol over-the-counter for pain. If this is not sufficient, use the prescribed narcotic pain medicine prescription provided by Dr. Hilinski. If you did not receive one before leaving the office, call us to have one phoned in to your local pharmacy.

**Medications to Avoid**

You should avoid taking any aspirin-containing medicine (*including Anacin, Bayer, Bufferin, Ecotrin, and Excedrin*) and non-steroidal anti-inflammatory medicine (*including Advil, Aleve, Ibuprofen, and Motrin*) for 7-10 days after the procedure.

**Follow-up Appointment**

Arrange a follow-up appointment with our office as directed.