

**THE HILINSKI CLINIC
OF FACIAL PLASTIC SURGERY**

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SCAR REVISION GUIDELINES

General

Keep the scar revision site dry for at least 72 hours following the procedure. If a dressing was placed, you may remove it in 72 hours. If it loosens before that time, try and reinforce the dressing with similar tape.

Medication / Prescriptions

Once the dressing has been removed, begin applying topical antibiotic ointment along the site twice per day. There are a number of over-the-counter topical antibiotics such as Bacitracin, Neomycin, and Triple-Antibiotic Ointment. It is very important that you avoid scabbing over the site.

You may get the scar revision site wet (for instance, taking a shower) after 72 hours. Make sure you pat dry the scar revision site, then apply the topical ointment immediately afterwards.

Begin using Tylenol over-the-counter for pain. If this is not sufficient, use the prescribed narcotic pain medicine prescription provided by Dr. Hilinski. If you did not receive one before leaving the office, call us to have one phoned in to your local pharmacy.

Medications to Avoid

You should avoid taking any aspirin-containing medicine (*including Anacin, Bayer, Bufferin, Ecotrin, and Excedrin*) and non-steroidal anti-inflammatory medicine (*including Advil, Aleve, Ibuprofen, and Motrin*) for 7-10 days after the procedure.

Follow-up Appointment

Arrange a follow-up appointment with our office as directed.