

GUIDELINES FOR BIOCORNEUM USE

We have chosen **BioCorneum+** with SPF30 (or **BC+**) as our preferred treatment for scars. Using **BC+** will provide the best environment for the scar to heal and will help speed up the healing process. We recommend all of our patients use this after their sutures are removed and their wound is closed. We carry **BC+** in our office for your convenience as it can only be purchased from a physician.

The patented silicone formulation in **BC+** has been demonstrated in clinical studies to flatten, soften, and smooth scars, reduce discoloration, as well as relieve associated itch, pain and discomfort of scars.

BC+ is a self-adhering, self-drying silicone gel that also contains a mild broad spectrum SPF 30. At suture removal, start applying **BC+** twice a day very sparingly to your scar for twelve weeks, or until you stop seeing noticeable results. If you have a tendency to form hypertrophic or keloid scars, you may want to use it for 6 months to a year. **BC+** has been shown to help prevent the formation of these types of scars. A small pea size of **BC+** is enough to cover a three-inch linear scar. Massaging **BC+** into your scar will help to break up the scar tissue.

BC+ should dry quickly (within 3-5 minutes) and form a slick surface over your scar. If it takes more than 5 minutes to dry, you may be using too much. It can be worn under cosmetics and compression garments. **BC+** will gradually wear off throughout the day, which is why we have you reapply it at night to ensure 24-hour per day exposure to the silicone.

BC+ sizes for our full course of therapy, applied 2x/day for minimum of 12 weeks are as follows:

20 gram tube – ideal for linear scars less than 6 inches in length; recommended for primary breast augmentations, face lifts and eyelid surgery

I ACKNOWLEDGE UNDERSTANDING OF THE ABOVE _____ (PATIENT SIGNATURE)