

JOHN HILINSKI

FACIAL PLASTIC SURGERY

Certified American Board of Facial Plastic Surgery
Certified American Board of Otolaryngology Head and Neck Surgery
Harvard Medical School Graduate

RESTRICTED MEDICATIONS

Any surgery carries a risk of bleeding during or after the procedure. The risk of bleeding can be reduced by avoiding medication that can affect your blood clotting capability. **Please refrain from using any medication on the restricted list for at least fourteen (14) days prior to and seven (7) days after your surgery.** Although this is not a guarantee, avoidance of the medications can significantly reduce chances of unwanted complications. **Tylenol is permissible within this time frame.**

| | | |
|------------------------|-----------------------|---------------------|
| Advil | Damason P | Nilain |
| Aleve | Darvon N with ASA | Norgesic |
| Alka Seltzer | Darvon compound | Novhistine with APC |
| Alka Seltzer Plus | Darvon compound 65 | Pabirin |
| Anacin | Dolcin | PAC |
| Anacin Maximum | Dolene compound 65 | Panodynes analgesic |
| Anexsia with codeine | Dolor | Percodan |
| Anodynos DHC | Duradyne | Percodan demi |
| APC | Duragesic | Persistin |
| Arthritis Pain formula | Ecotrin | Quiet world tablets |
| Arthritis Bufferin | Empirin with codeine | Relafen |
| Aspirin with codeine | Empirin compound | Robaxisal |
| Aspirin | Equagesic | Stanback tablets |
| Aspirin enseals | Equagesic M | Stanco |
| Ascriptin | Excedrin | St. Joseph Aspirin |
| Ascriptin A/D | Excedrin PM | Super Anahist |
| Aspergum | Fizri powder | Synalogos DC |
| Asphal G | Fiorinal | Synalogos |
| B-A | Fiorinal with codeine | Talwin compound |
| Bayer | Fish oil | Traminicin |
| Bayer decongestant | 4-way cold tablets | Trigesic |
| Bayer timed release | Gemnisyn | Vanquish |
| BC tablets | Ibuprofen | Viromed |
| Bufferin | Indocin | Zactirin |
| Buff-A compound #3 | Leech Extract | Zactirin compound |
| CAMA | Measurin | |
| Capron capsules | Meprogesic | |
| COPE | Midol | |
| Cogespirin | Momentum | |
| Coricidin D | Motrin | |

Homeopathic Medications and Supplements

Refrain from ALL homeopathic medications and supplements, which includes dietary and/or workout supplements. This includes, but is not limited to the following:

| | | |
|----------------|---------------|-----------------|
| Aloe Vera caps | 5 PC-SPEC | Licorice root |
| Bilberry | Garlic | St. John's Wart |
| Cayenne | Ginger | Yohimbe |
| Echinacea | Gingko Biloba | Vitamin E |