

RESTRICTED MEDICATION LIST

Any surgery carries a risk of bleeding or infection in the post-operative period. The risk of bleeding can be reduced by **not** consuming medication that can affect your blood clotting capability. Please refrain from using any medication on the restricted list below for at least fourteen (14) days prior to any surgery. Although this is not a guarantee, avoidance of the following medications can significantly reduce chances of bleeding from and following surgery. **Tylenol is permissible.**

Advil
Aleve
Alka Seltzer
Alka Seltzer Plus
Anacin
Anacin Maximum
Anexsia with codeine
Anodynos DHC
APC
Arthritis Pain formula
Arthritis Bufferin
Aspirin with codeine
Aspirin
Aspirin enseals
Ascriptin
Ascriptin A/D
Aspergum
Asphal G
B-A
Bayer
Bayer decongestant
Bayer timed release
BC tablets
Bufferin
Buff-A compound #3
CAMA
Capron capsules
COPE
Cogespirin
Coricidin D
Damason P
Darvon N with ASA
Darvon compound
Darvon compound 65
Dolcin
Dolene compound 65

Dolor
Duradyne
Duragesic
Ecotrin
Empirin with codeine
Empirin compound
Equagesic
Equagesic M
Excedrin
Excedrin PM
Fizri powder
Fiorinal
Fiorinal with codeine
Fish oil
4-way cold tablets
Gemnisyn
Ibuprofen
Indocin
Leech Extract
Measurin
Meprogesic
Midol
Momentum
Motrin
Nilain
Norgesic
Novhistine with APC
Pabirin
PAC
Panodynes analgesic
Percodan
Percodan demi
Persistin
Quiet world tablets
Relafen
Robaxisal

Stanback tablets
Stanco
St. Joseph Aspirin
Super Anahist
Synalogs DC
Synalogs
Talwin compound
Traminicin
Trigesic
Vanquish
Viomed
Zactirin
Zactirin compound

Homeopathic Medications and Supplements

Refrain from ALL homeopathic medications and supplements *(this includes any and all dietary and/or workout supplements)*

The following are included:

Aloe Vera caps
Bilberry
Cayenne
Echinacea
5 PC-SPEC
Garlic
Ginger
Gingko Biloba
Licorice root
St. John's Wart
Yohimbe
Vitamin E

I ACKNOWLEDGE UNDERSTANDING OF THE ABOVE _____ (PATIENT SIGNATURE)